Mardi Himal Short Trek

Description

The Madri Himal Short Trek explores the trails in the Annapurna region of Nepal and is situated towards the east of Modi Khola across the valley from Hiunchuli. The Trek is unique and provides an off-the-beaten-path trekking experience.

The difficulty level of the trek is moderate and requires an average of 10 days to complete. The Mardi Himal Short Trek requires a good level of physical fitness. The trekkers cross through dense Rhododendron forests and a variety of vegetation, charming villages, and terraced fields before reaching the Madri Himal Base camp at an elevation of around 4500m. To get the most out of this experience trekkers are suggested to backpack through the region during the months of March to May or September to December.

The picturesque adventure of Mardi Himal will also be completely soaked with views of snowcapped peaks and stunning views of Mt. Annapurna, Mt. Dhaulagiri, and Machhapuchre (Mt. Fishtail). This short trek is a less crowded alternative to the more popular treks in the region like <u>Annapurna Circuit Trek</u> and <u>Annapurna Base Camp Trek</u> and also offers an opportunity to experience the serene and peaceful life of the local people.

Enclosed by majestic snow-covered mountain peaks, the Mardi Himal trek is perfect for those who want to explore the beauty of the Himalayas in a secluded and peaceful environment. The trekkers encounter diverse landscapes, from subtropical forests to high-altitude alpine terrain and glaciers witnessing the world from a fresh point of view.

The Mardi Himal trek opened in 2012, following a ridge toward the summit. The trek ensures exposure to the local authentic culture and traditions accompanied by delightful experiences. If you want to immerse yourself in the natural beauty of the Himalayas but aren't fully prepared to take on challenging treks of the Annapurna region then this is just the perfect trip for you.

Highlights

- Stunning views of the Annapurna mountain range, including Mt. Annapurna, Mt. Dhaulagiri, and Mt. Fishtail (Machhapuchhre)
- Passing through lush rhododendron forests, which are particularly beautiful when they are in bloom (spring)
- Exploring charming villages and seeing traditional rural life in Nepal
- Terraced fields, used for agriculture in the region
- The opportunity to experience off-the-beaten-path
- Encountering diverse landscape, from Subtropical forests to high altitude alpine terrain and glaciers

Itinerary

Days	Description	Altitude	Hours
o1	Arrival in Kathmandu	1,350 meters	

Days	Description	Altitude	Hours
02	Drive to Pokhara	827 meters	8-9 hours
03	Drive to Phedi and trek to Deurali	2,100 meters	4-5 hours
04	Trek to Deurali to forest camp	2,520 meters	6-7 hours
05	Trek to Forest Camp to low camp	2,970 meters	5-6 hours
06	Trek to Low camp to high camp	3,540 meters	4-5 hours
07	Treck to High camp to upper viewpoint and return back to high camp	3,540 meters	3-4 hours
08	Trek to High camp to Sidhing Village	1,700 meters	6-7 hours
09	Trek to Lumre, drive to Pokhara and fly to Kathmandu	1,350 meters	3-4 hours
10	Departure to airport		

Detailed Itinerary

Day O1: Arrival in Kathmandu, (1,350 m)

On your arrival at the TIA, you will be greeted and guided to the designated hotel by one of our Precious Adventures representatives. He/ She will give short information about the Time zone, room, money exchange, and welcome dinner. Later you will be visiting one of the finest restaurants for a complimentary welcome dinner. You will be informed in short about the summary of your tour.

Day 02: Drive to Pokhara, (827 m), 8-9 hours

The distance from Kathmandu to Pokhara is approximately 200 kilometers, and the drive typically takes about 6-7 hours by car. To get to Pokhara from Kathmandu, you would need to take the Prithvi Highway, which is the main road that connects the two cities. The highway passes through several towns and villages, and there are several points of interest along the way, including the Nagarkot Hill Station and the Chitwan National Park.

Day 03: Drive to Phedi and trek to Deurali, (2,100 m), 4-5 hours

We begin today's program after finishing the breakfast. In the morning we take a short ride to Phedi. Traversing through the countryside we catch glimpse of the rural lives and gorgeous mountains. From Phedi we trek to Deurali passing through Dhampus village. Here we go through the ACAP check post. The trail takes us through steep staircases and some magnificent rhododendron forest. We have lunch at Deurali. It is a small village located towards the west of Dhampus village. Overnigth at Deurali.

Day 04: Trek to Deurali to Forest Camp, (2,520 m), 6-7 hours

On this day we initiate our trek from Deurali to Forest Camp. The trail today takes us through some steep climbs, followed by stone paved trail and view of the magnificent Machhapuchhre. During the spring season the trail is adorned by beautiful pink, white and red rhododendron flowers. We have lunch at Bhichok Deurali. Here we get to see a stunning view of the Annapurna south and Himchuli. After replenishing our energy we head towards our tonight's destination. The trail goes through lush forest and allows us to walk in complete natural setting this area also known as the Gorjure Danda. Overnight at Forest Camp

Day 05: Trek to Forest Camp to Low Camp, (2,970 m), 5-6 hours

Another beautiful day of trekking through the beautiful forested trail. After breakfast we make our way to the Low Camp. Our journey takes us through some dense mixed forest area. Overnight at Low Camp.

Day 06: Trek to Low Camp to High Camp, (3,540 m), 4-5 hours

On the 6th day we travel through Bamboo, Rhododendron and Oak forest. We slowly ascend via Nangge Danda and reach high camp which sits at the altitude of 3990m. Overnight at High Camp.

Day 07: Trek to High Camp to Upper Viewpoint and return back to High Camp, (3,540 m), 3-4 hours

This day marks for an exciting day as we make our way to the Upper Viewpoint. We hike through Suselbukeni Kharka and Kali Danda before arriving at Upper View Point. Mardi Himal Base Camp is located just near the upper viewpoint. The view from this view point is sure to capture one's heart, with fasacinating views of the Mardi Himal, Annpurna ranges and other snow caped mountain peaks. After enjoying the beauty of the majestic Himalayas we head back to High Camp. Overnight at High Camp.

Day 08: Trek to High camp to Sidhing Village, (1,700 m), 6-7 hours

Today we embark on the journey to Sidhing village. After nourishing our body we get back on the trail. We slowly descend and make our way through the Machhapuchhre model trek trail. The route then takes you along the Mardi Khola. Traveling along with the Mardi khola we reach Ramche village before making it to Sidhing. Overnight at a local homestay in Sidhing.

Day 09: Trek to Lumre, drive to Pokhara and fly to Kathmandu, (1,350 m), 3-4 hours

The final leg of the trek takes you to Lumre village. It is a lovely village sitting on the banks of Mardi Khola. We cross Kalimati and Ghalel village and a small bridge before making it to Lumre. For the last time we will have some local cuisine for lunch. After re-energizing our body, we head to Pokhara in a jeep. From Lumre it is a 1-2 hours ride. Upon reaching Pokhara we make our way to the Pokhara airport and catch the flight to Kathmandu. Overnight at Kathmandu.

Day 10: Departure to airport

With hopes that you enjoyed the experience with us, we bid you goodbye. We will be looking forward to more precious adventures together. Have a safe journey.

Includes

- ? Airport picks up and drops off by the private vehicle.
- ? Accommodation with breakfast at a 3-star category hotel in Kathmandu & Pokhara.
- ? Ground transfer to and from Pokhara by tourist bus then by private car to and from Nayapul.
- ? Full board meals with tea/coffee (breakfast, lunch, and dinner) during the trek.
- ? Twin-sharing accommodation during the trek.

- ? An experienced English-speaking (trekking guide), porter to carry luggage (2 trekkers: 1 porter) including their salary, insurance, equipment, and meals.
- ? A comprehensive medical kit.
- ? All necessary paperwork and permits (ACAP and TIMS, please bring 3 passport-size photographs)
- ? All government and local taxes.