

Markha Valley Trek

Description

This 14-day itinerary is a perfect choice for experienced trekkers who are seeking a challenging and rewarding adventure in the Himalayas. The trek takes place in the beautiful Markha Valley region of Ladakh, India, and begins with an early morning arrival in Delhi and a flight to Leh. The first few days are dedicated to acclimatization and visiting local monasteries in Leh, which will help prepare you for the trek ahead. The trek itself is a multi-day journey through stunning mountain landscapes, with daily treks of varying distances. You will have the opportunity to explore the beautiful valley of Nimaling and hike towards the basecamp of Kangyatse. The trip concludes with a visit to the Hemis monastery and a drive back to Leh before returning to Delhi for your flight back home. This itinerary is perfect for those who are looking for a challenging and unforgettable trekking experience in the Himalayas.

Itinerary

Days	Description	Altitude	Hours
01	Arrival in Delhi	300 meters	
02	Arrival in Leh from Delhi	3,524 meters	
12	Visit Hemis monastery and Drive back to Leh	3,500 meters	
03	Acclimatization day in Leh (visit Shey and Thiksey Monastery)	3,500 meters	
04	Drive to Zingchen and trek to Rumbak	3,800 meters	
05	Trek to Yurutse	4,100 meters	
06	Trek to Skiu	3,600 meters	
13	Flight back to Dehli and sightseeing in Dehli	300 meters	1.5 hours
07	Trek to Markha	3,800 meters	
08	Trek to Thachungtse	4,200 meters	
09	Trek to Nimaling	4,700 meters	
14	Flight back to Home country		
10	Explore Nimaling (Hiking towards Kangyatse Basecamp)	5,100 meters	
11	Trek to Shang Sumdo	3,600 meters	

Detailed Itinerary